

CMS JANUARY LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OFFERED UPON AVAILABILITY: Cheese Pizzable Spicy Chicken Salad Yogurt & Fruit Pack Chickpea Chocolate Pack Turkey & Cheese Pack	OFFERED DAILY: Fat Free Chocolate Milk OR Lo fat White Milk Fruit and Veggie			
		10 Walking Beef Taco Spicy Chicken Sandwich Hamburger Refried Beans Salsa cup Baby Carrots Fruit	11 All Beef Hot Dog Spicy Chicken Sandwich Cheesy Chicken Sandwich Potato Smiles Pickle Spear Fruit	12 Mini Pizza Bagels Spicy Chicken Sand. Hamburger Romaine Side Salad Baby Carrots Fruit
MARTIN LUTHER KING DAY NO SCHOOL	16 French Toast Bites w/Chicken Sausage Patty Spicy Chicken Sand Breaded Chicken Sandwich Cucumbers Baby Carrots Fruit	17 Boneless Chicken Wings Spicy Chicken Sand. Hamburger Vegetarian Baked Beans Bell Peppers Fruit	18 Grilled Cheese w/Tomato Soup Spicy Chicken Sand. Breaded Chicken Sandwich Pickle Spear Heart Pretzels Fruit	19 Personal Cheese Pizza Spicy Chicken Sand. Hamburger Romaine Side Salad Baby Carrots Fruit
22 Mini Pancakes Yogurt, Cheese stick Spicy Chicken Sand. Hamburger Cucumbers Carrots Fruit	23 Chicken Nuggets Spicy Chicken Sand. Breaded Chicken Sandwich Steamed Corn Baby Carrots Fruit	24 Chicken Alfredo Penne & Breadstick Spicy Chicken Sand. Hamburger Steamed Italian Vegetables Carrots Fruit	25 All Beef Hot Dog Spicy Chicken Sand. Breaded Chicken Sandwich Vegetarian Beans Pickle Spear Fruit	26 Bosco Sticks w/Marinara Spicy Chicken Sandwich Hamburger Romaine Side Salad Bell Peppers Fruit
29 French Toast Bites w/Chicken Sausage Patty Spicy Chicken Sand Hamburger Baby Carrots Cucumbers Fruit	30 Breaded Chicken Tenders OR Spicy Breaded Chicken Tenders Spicy Chicken Sand Hamburger Veg. Baked Beans Celery Sticks Fruit	31 Cheesy Beef Nachos Spicy Chicken Sand. Hamburger Black Bean & Corn Fiesta Salsa Cup Fruit		

This institution is an equal opportunity provider. Menu is subject to change.